



## Cascade County 4-H Pistol Skills Sheet

NAME: \_\_\_\_\_ 4-H CLUB: \_\_\_\_\_

Mastering pistol skills will provide a solid foundation upon which a member may build. The skills listed below will help 4-H members achieve success in the project. For your Record Book to be complete, you must complete at least 3 new skills each year. Each skill must be approved by a Certified Instructor when completed.

Skill	Date Completed	Approved By
Demonstrate how to determine your eye dominance		
Know/list the 4 basic firearm safety rules		
List at least 2 different types of eye and ear protection and why they are important when shooting firearms		
Demonstrate proper shooting range etiquette		
Demonstrate basic range commands		
Identify the basic parts of a pistol (verbally or visually)		
Identify the function or purpose of each part of a pistol (verbally or visually)		
Identify the three different types of sights		
Describe sight alignment with different types of sights		
Explain how to maintain trigger control		
Demonstrate and practice basic shooting procedure (dry fire technique)		
Describe and demonstrate proper loading and live firing		
Demonstrate pistol marksmanship fundamentals		
Evaluate your home for safe firearm storage		
Shoot for groups at the bench rest position		
Describe the relationship between sight alignment and sight picture		
Attend a 4-H or other registered shoot		
Demonstrate how to clean and care for a pistol		

Explain proper storage of a firearm		
Explain proper transportation of a firearm		
Attend a gun show		
Trace the history of a specific pistol and write about it		
Demonstrate how to score a target		
Demonstrate how to adjust sights		
Disassemble and clean a pistol		
Assist in organizing or running a 4-H shooting sports activity		
Teach other shooters how to determine eye dominance		
Demonstrate proper position and live firing from a standing position		
Research and write about one type of pistol action		
Make and present a presentation about responsible gun ownership		
Make a pellet trap, bullet trap, or target holder		
Learn about different types of ammunition and give a presentation		
Serve as a pistol teen leader for at least one year		
Under supervision of your 4-H Shooting Sports Instructor, act as a range officer during a practice shoot		
Assist your club or county 4-H shooting sports program raise funds		
Help during cleanup of your practice range		
Enter a project in your local fair that pertains to pistol		
Introduce someone new to the sport of pistol shooting		