

SANDERS COUNTY DISPATCH

4-H News



February

- 2 Kimber Mathers-Underhill
- 2 Arena Mathers-Underhill
- 3 Anneka Turner
- 5 Grace Hindman
- 10 Remington Ryan
- 12 Bobbie McKenzie
- 13 Sophia LaFriniere
- 14 Rhiley Sanders
- 14 Bailey Sanders
- 15 Brielle Clarke
- 17 Addalynn Sanders
- 22 Austin Hall
- 24 Elise Bauscher
- 29 Daniel Suess

March

- 2 Olivia Bauscher
- 3 Khloe McNutt
- 4 Ailie Avilla
- 7 Olivia McNutt
- 9 Matthew Reinhardt
- 12 Anna Hafner
- 14 Lauren Hudson
- 14 Sydnee Wilson
- 15 Annalise Fairbank
- 16 Dechlan Neeson
- 17 Grady Dana
- 18 Michaela Champneys
- 21 Emelia Rivinius

Take a peek at what's inside!

Page 2

- Learning Lab Kits
- MSU Extension Website
- Multi-County Camp Discount
- 4-H Council Meetings

Page 3

- Montana 4-H State Awards
- 4-H Instagram Page
- Videos on Demos Contest
- Rec Lab 2023

Page 4

- National Citizenship
- Washington Focus

Page 5

- Multi-County Camp
- Leadership Academy

Page 6

- Communication Days

Page 7

- 4-H Council Meeting Minutes

Page 8

- Dates to Remember

Sanders County 4-H Meat Raffle Fundraiser

Thanks to everyone's efforts last years meat raffle fundraiser was a huge success! We are hoping to have another successful raffle this year.

Please help support the Sanders County 4-H Council's efforts in fundraising by selling Meat Raffle tickets. We are requesting each member (not to include Cloverbuds) sell 10 tickets.

Tickets will be given to club Organizational Leaders the first part of March. The raffle drawing will be Sunday, September 3rd during the Sanders County Fair. Please make sure to turn in your tickets and money as soon as you get them sold.

If members wish to sell more than the requested 10 tickets, 4-H council will be awarding the top 5 sellers a gift certificate to a local business!

Learning Lab Kits

There are Beef, Horse, Sheep, Swine and Plant ID Learning Lab kits available for checkout from the Extension Office. Additionally Poultry and Dairy kits are available from the State 4-H Office. If you would like to check out any of these kits for a project meeting contact the Extension Office.

Whats Our Responsibility When Involved in 4-H

Unable to be at the sale with your market animal? Unable to attend the required number of club meetings? Rules are meant to be fair to everyone, as well as provide structure to the 4-H Program. However, we realize that unusual or special circumstances do arise from time to time that need to be considered. The Sanders County 4-H Council has made available a **Request for the Rule Exemption** form. This form is to be completed by any 4-H member who requests a special consideration regarding any county rule that is in place. The request will be considered by the Sanders County 4-H Executive Committee. Hopefully, thinking through the questions will allow members to look at the large picture and how the request will affect not only themselves but those around them.

The form can be picked up at the Extension Office or can be found on the Sanders County 4-H website at the following link:

montana.edu/extension/sanders/sanderscounty4Hforms.html

If you have questions about the form, or when to use it contact the Extension Office.

MULTI COUNTY CAMP DISCOUNT

Reminder!

If you participate in Communication Days you will receive a \$45 scholarship to go towards the cost of Multi-County Camp!

DON'T MISS OUT!

Check Out The

MSU Extension Website!

You can find a lot of very helpful information on our website including:

- New Family Orientation
- Record Book Information
- Club Resources
- Project Resources
- Volunteer Information
- Grants & Scholarships
- Teen Leadership
- Awards
- Events
- Newsletters & Minutes
- Forms
- School Enrichment Resources
- and much more!

montana.edu/extension/sanders/4h.html

Sanders County

4-H COUNCIL MEETINGS

Council Meetings are open to all senior members and leaders. They are held every other month at 6:30 pm. The location is being alternated between Minnie's in Thompson Falls and the 4-H Pavilion in Plains.

February
April
June
August
October
December

We encourage all interested to attend in order to keep communication and information lines open to all 4-H clubs and members.

Montana 4-H STATE AWARDS

The Montana 4-H State Awards program is in place to recognize the Outstanding accomplishments of 4-H members who have reached a standard of excellence in a project area. State Award winners have gone above and beyond regular project work with a focus on leadership, communication and community service.

All applicants must be 14-19 years old prior to October 1 of the current 4-H year. Application and more information may be seen at this link.

montana.edu/extension/4h/programs/awards/state-awards.html

Application deadline to apply for a state award is

May 1 (postmarked).

Please forward complete applications to:

Montana 4-H Center
Attn: State Award Application
210 Taylor Hall, PO Box 173580
Bozeman, MT 59717

You may also upload your application through the website above.

State Award Recipients are recognized during the Banquet at Montana 4-H Congress in July and are eligible to attend National 4-H Congress in November.

SANDERS COUNTY 4-H

IS ON INSTAGRAM

Follow us!

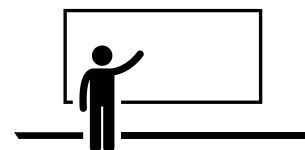


@sanders_county_4h

Example Videos of Demonstrations/Illustrated Talks and Video Competitions

If you are interested in seeing videos of other 4-H members doing presentations click on the link below and then on the contest. You will see resources for each of the communication categories. The demonstrations and video categories provide videos to watch. This could be very helpful for you to know how to prepare your presentation. Enjoy!

montana.edu/extension/4h/projects/4h_communication/



March 17-19 in Culbertson

\$50.00 if registered by February 28th!

This event provides an opportunity for youth and adults to enhance their leadership, communication and team building skills in an action packed and interactive setting. Rec Lab programming is designed to provide participants with tips and tricks for being a better club, camp and community leader. By rotating around the state and hosted by a 4-H district each year, this event also provides youth and volunteers an opportunity to travel and experience locations that may be very different from their home county. The camp like atmosphere and hands on activity allows for a fun and laidback weekend to create lasting memories.

SIGN UP THROUGH ZSUITE

Registration due by February 22nd with a \$50.00 event fee

Registrations after February 22nd will have a \$150.00 event fee

**Registration fee includes lodging, snacks, meals, t-shirts, workshops and exciting speakers.*

More information can be found here:

montana.edu/extension/4h/programs/events/rec_lab/index.html

SAVE THE DATE MARCH 17-19, 2023



Youth Participants must be 13+ as of October 1, 2022 and adult chaperones must be at least 21 years of age



Summer 2023 National Citizenship Washington Focus

National Citizenship Washington Focus is a one week summer program in Washington D.C. where teens experience the capital as their classroom and connects young leaders from across the country to gain skills to be effective change agents. Current 4-H members between the ages of 14-19 can attend.

Cost:

\$1,295/person

Registration for double occupancy with includes guest room, meals (excluding the two state-organized meals), DC area site visits, and program materials; plus approximately **\$200/person** for the DC area Transportation Package; and the **round-trip flight** from MT to Washington DC. The approximate total cost will range from **~ \$2,000 - ~ \$2,500** depending on flight costs.

Registration Includes: High Impact programming featuring national experts and leaders along with opportunities for career exploration, using your voice and building connections with teens from across the country - Room and board (based on double occupancy for both youth and adults) - Support from trained Program Assistants (PA's) - DC area site visits and all program materials

Save-the-Dates

CWF Week 1: June 11-16, 2023

CWF Week 4: July 2-7, 2023

Deadline to register is February 13

\$650 deposit required

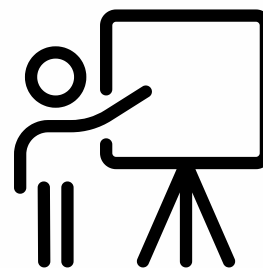
To apply or for more information please visit:

<https://www.montana.edu/extension/4h/programs/events/cit-wa-focus.html>



**DO A DEMO AT
THE THOMPSON
FALLS LIBRARY!**

The Thompson Falls library is looking for 4-H members who would be interested in presenting a demonstration at the Library. If you are interested please contact Crystal Buchanan at 827-3547



Communication Days

It is that time of year to start thinking about what you want to do for Communication Day

Several options are available for you to choose from to participate in and use your communication skills! Those include Demonstration, Illustrated Talk, Prepared Speech, Impromptu Speech, Video, Commercial, Career Communication, or Promotional Package. Go to the following link for contest guidelines and information regarding the above options.

<https://drive.google.com/file/d/0B4drNK5wD8HZeF9QbUF0aXNzNTg/view>. Stir-Ups or Favorite Food Show are two more options you may choose from. (See below for brief guidelines on the Stir-Ups contest and Favorite Food Show). Six of the above options will be contest opportunities at State 4-H Congress for members 13 and older who score high at the county level. Those six are Demonstrations, Prepared Speech, Illustrated Talk, Video, Career Communication and Stir-Ups.

Which one will YOU do?

It is time to begin thinking about which one you will do because early preparation is very wise! Early prep may allow you more practice time, possibly in front of your 4-H club and/or family. This is a great opportunity for experienced members to present for the new members, thus allowing the new members to get a better idea of how to do a presentation.

Demonstration DVD & Other Resources Available

For some, doing demonstrations can be an intimidating and confusing process. If you fit in this category, consider checking out a DVD showing six Sanders County finalists in previous years. It can be helpful to watch examples as you begin to put your topic together. Contact the Extension Office if you would like to check out this DVD to view at home or a club meeting. Also, if you go to the following link you can view several other demonstrations done in the past by 4-H members across the state including more Sanders County 4-H members.

montana.edu/extension/4h/projects/4h_communication/index.html

Stir-Up Contest

Participants will compete individually or in teams of two. Contestants prepare a dish utilizing five of the nine listed ingredients and can use up to three. The dish should be visually appealing, nutritious and show creativity. Contestants should use effective work habits and sanitary food preparation practices. Following the preparation of the meal the contestant will present an oral presentation to judges. The oral presentation should address; selection of dish, preparation process, nutritional value of dish, protentional alteration and overall learning. For a complete contest description contact the Extension Office.

Favorite Food Show

Participants in the Favorite Food Show will gain experience in planning, preparing, serving and presenting a nutritious food as part of a meal or snack. A display including correct table setting, recipe and menu posters, a centerpiece and decorations will accompany the participants chosen Favorite Food. Any 4-H member, including Cloverbuds can participate. Members may enter as an individual or a two-person team. Categories include; appetizer, bread, salad, main dish, sandwich, fruit or vegetable side dish. All food categories will compete against each other. For a complete list of contest description, contact the Extension Office. This is not a State 4-H Congress contest option.

Pick the Day you will do your Communication Presentation. Choose from two dates!

Day 1 is scheduled for **Saturday, March 4** in Thompson Falls beginning at 10:00 am.

Day 2 is scheduled for **Sunday, March 5** in Hot Springs beginning at 1:00 pm.

If you find it impossible to participate on either of the dates offered contact the Extension Office. If a judge is available to view your presentation on an alternate date arrangements will be made to accommodate you so you may complete your presentation prior to finals day. Top presenters from these two events will qualify to participate on **Finals Communication Day, Sunday, March 12 in Plains**. During these events anyone is welcome and encouraged to watch the presentations being given by members. A full scholarship to 4-H camp will be awarded to the top four presenters in the Junior Division if they are 12 years old or younger, juniors who are 13 years old and place in the top four will be awarded a trip to State 4-H Congress in Bozeman in July. Top presenters in the Senior Division will also be awarded a trip to State 4-H Congress in Bozeman to compete in the state communication event.

Members must sign-up online for their presentation by February 10 at this link: <https://forms.gle/BpGxf4zCQJwuziXF9>

A schedule with the time you will do your presentation will be emailed to you and your club leader a week before the event. Contact your leader for your time if you do not email. If you have questions regarding these events we encourage you to talk to your club leader(s) or call the Extension Office.



BE A MULTI-COUNTY 4-H CAMP COUNSELOR

June 20-23, 2023 at the Darrel E. Fenner 4-H Camp at Loon Lake

Eleven pairs of Counselors will be selected for this year's camp. First year counselors will be paired with experienced Counselors whenever possible. There will be no fee for Counselors to attend camp.

Members must be 13 years of age as of October 1, 2022 in order to be eligible for Counselor positions.

Applications Due February 15th

Contact the Extension Office or visit our website for an application

montana.edu/extension/sanders/multicountycamp.html

Leadership Academy

Leadership Academy Monthly Workshops

Members 12+, 4-H Age

Join a 4-H Leadership Academy Workshop!

The Leadership Academy is a network of Montana 4-H members interested in exploring and developing their own leadership skills while serving their county 4-H program in new ways.

Local county leadership groups will have an opportunity to join with groups from around the state as well as the Montana 4-H Ambassador Officer teams, virtually and in person when possible, to work on skill building, planning and mentorship.

All workshops are Sunday afternoons from 3:00 to 4:00 pm.

Please contact Juli Thurston for local in person sessions.

March 5 - The Butterfly Effect

For more information visit

montana.edu/extension/4h/programs/youth_leadership/academy.html

Sanders County 4-H Council Meeting Minutes

FEBRUARY 7, 2023 6:30 PM - MINNIES CAFE, THOMPSON FALLS

Minutes of December's Meeting were approved as presented.

Treasurer's Report was not available

No Correspondence has been received

Reports

Livestock Committee has a group looking at awards other than trophies. Some suggestions: outdoor folding chairs, embroidered vests, rotating award types every few years. Committee is continuing with routine work, fairground projects, and obtaining judges.

Ambassadors – Mikiah Cook (state Ambassador President) helped facilitate Legislative breakfast in Helena along with Jaden Cook and Hannah Warnes. John McNamara was chosen to attend as a main youth speaker. The group also participated in Citizenship Seminar. Ambassadors are planning a spring blood drive.

Scholarship/Foundation – Two seniors are eligible to apply for the county 4-H scholarship this year. Foundation reports show balances in our managed agency account, the Jake Legard Memorial Scholarship account, and the Sanders County Endowed Scholarship account. Foundation has charged .5% interest for managing these funds; amount will increase to 1%.

Old Business

Fair projects – Home Ec building work is almost complete. A bit of painting is needed, walls need to be sealed, and floor may be coated. Bathroom sinks and water improvements are waiting for a bid to be placed. A grant will be submitted for a cooler by the back door in the kitchen.

Meat Raffle – Looking for donors for a quarter or half a beef. Swine donor has been found. Names of donors should be on tickets, hopefully available by communication days.

New Business

Communication Days – Details are included in the Dispatch. Deadline for signing up is Friday Feb. 10th. The link for signing up has been sent by email and is included in the December newsletter as well as being listed on the website.

Citizenship Seminar adult attendees – Two parents attended and helped out. *Karen moved to reimburse each of the two adults with \$100 to help with travel expenses this year; Jen seconded. Motion carried.*

Announcements/Reminders

Amazon Smile is no longer a program.

Southside Sparks club is selling fruit, beginning Sunday, Feb. 12th.

Meeting adjourned at 6:50pm. Respectfully Submitted, Karen Dwyer

Present were: President Joanne Burk, Vice President Aimee Foyil, Secretary Karen Dwyer; Taylor and Caydence Etienne – Heron/Noxon Explorers; Jen Avilla – Southside Sparks; Terry Stephens – Hot Springs Wranglers; Juli Thurston, County Extension Agent.

Dates to Remember:

2023

Feb

- 7 Council meeting, 6:00 p.m. – Minnie’s Cafe, Thompson Falls
- 10 Registration deadline for Communication Days
- 14 State Scholarship applications due in State 4-H Office
- 15 Multi-County Camp Counselor applications due
- 17-18 Montana Volunteer Institute, Billings
- 22 State 4-H Rec Lab registration due

March

- 4-5 Communication days and Stir-ups
- 5 State Leadership Academy, 3:00 – 4:00pm, Virtual (The Butterfly Effect)
- 10 County 4-H Council Scholarship applications due
- 12 Communication Finals day, Plains
- 17-19 State 4-H Rec Lab, Culbertson

April

- 4 Council meeting, 6:00 p.m. – 4-H Pavilion, Plains
- TBA Montana 4-H Week of Service
- 24 Livestock Committee Meeting, 6:30pm – Plains, 4-H Pavilion

May

- 1 State Award applications due in State 4-H Office
- 22 Livestock Committee Meeting, 6:30pm – Plains, 4-H Pavilion

June

- 4 Sheep/Swine Tagging, 10am – 1pm, Sanders County Fairgrounds, Plains
- 6 Council meeting, 6:00 p.m. – Minnie’s Cafe, Thompson Falls
- 20-23 Multi-County 4-H Camp
- 15 Montana State 4-H Congress registration deadline
- 26 Livestock Committee Meeting, 6:30pm – Plains, 4-H Pavilion

July

- 1 Project Add/Drop deadline
- 5 Online FairEntry Registration Begins
- 9-11 Pre-Congress – Bozeman
- 11-14 Montana State 4-H Congress – Bozeman
- 24 Livestock Committee Meeting, 6:30pm – Plains, 4-H Pavilion

Aug

- 1 Council meeting, 6:00 p.m. – 4-H Pavilion, Plains
- 2 Leader of the Year and Honorary Member Nominations Due
- 2 Junior Achievement and Little Chief Award Applications Due
- 2 FairEntry Registration Deadline
- 26 Fair Readiness Day
- 28 Livestock Committee Meeting, 6:30pm – 4-H Pavilion, Plains
- 30-9/3 Sanders County Fair

Sept

- 10 Carcass Evaluation, Superior Meats
- 15 Member record books due to Club Organizational Leader
- 15 Outstanding Member county award nominations due to Club Organizational Leader
- 25 Record book results due to Extension Office from Organizational Leader
- 25 List of Outstanding Member County awards due to the Extension
- 25 Livestock Committee Meeting, 6:30pm - 4-H Pavilion, Plains