



# Winter Heating

## General Winter Tips and Tricks

- 68 degrees is the recommended thermostat temperature for efficient heating.
- Utilize passive solar heating! Open up blinds and curtains when the sun is out and close them when it's overcast or dark to conserve heat.
- When leaving your space for the day, close all windows, curtains, blinds, and doors.
- Close closet, supply area, and other doors to minimize unneeded heat distribution.
- Keep all air vents open and unblocked.
- Embrace the weather – keep a spare blanket, throw, or sweater at your desk.

## Space Heaters

Space heaters are generally not recommended because they heat inefficiently, consuming excessive energy. However, on some cold mornings they may be hard to resist.

Here are some things to keep in mind:

- Most convection space heaters run on 1.5 kilowatts, which is about 1.5 times that of a household refrigerator and 25 times that of a lightbulb.
- Consider using a radiant space heater, which heats a direct target while using much less energy
- Use space heaters only when you are present, and unplug overnight.
- Turn down/off the heater once your space has warmed up.



Radiant



Convection